

At-Home COVID-19 Health Screening Instructions for Parents and Guardians

This handout provides information to parents/guardians on how to conduct a “pre-screen” of your child at home before heading out the door. Screening children for symptoms of COVID-19 and sending home people who are sick lowers the chances of other children and staff in the school from getting COVID-19 and spreading it. We want to provide your child with the safest possible environment, and we appreciate your help in making it safe.

We are asking parents/guardians to do an at-home health screening of their child each morning prior to going to school, including taking their temperature, if possible. *You know best when your child is sick or is getting sick.* If your child is showing symptoms or seems “off,” you should keep them home from school. Keeping ill children home helps prevent others from getting sick.

Go through the steps outlined here to decide if your child should go to school each day.

STEP 1: SCREENING QUESTION

Has your child tested positive for or been diagnosed with COVID-19 and NOT completed the recommended quarantine period as outlined in Marathon County Health Department’s COVID-19 Quarantine Options Timeline?



If you answered YES to this question, your child should NOT attend school.

STEP 2: SYMPTOM CHECK (Part 1)

In the past 24 hours, has your child had any of these symptoms, new or different from what they usually have?

- Cough
- Shortness of breath/trouble breathing
- New loss of sense of taste or smell



If a child has 1 or more of these symptoms, the child should NOT attend school.

STEP 3: SYMPTOM CHECK (Part 2)

Measure your child’s temperature with a thermometer, then answer the following question: In the past 24 hours, has your child had any of these symptoms, new or different from what they usually have?

- Sore throat
- Unusual fatigue (*being very tired*)
- Nausea (*sick to stomach*) or vomiting*
- Muscle or body aches
- Fever (equal to or greater than 100.4°F) or chills (*would indicate fever*)
- Runny nose or nasal congestion
- Headache
- Diarrhea*

*Children with fever, vomiting, and diarrhea--alone or together--should never attend school. However, they do not necessarily indicate the need to test for COVID-19.



If a child has 2 or more of these symptoms, the child should NOT attend school.